

KBN COLLEGE:: VIJAYAWADA

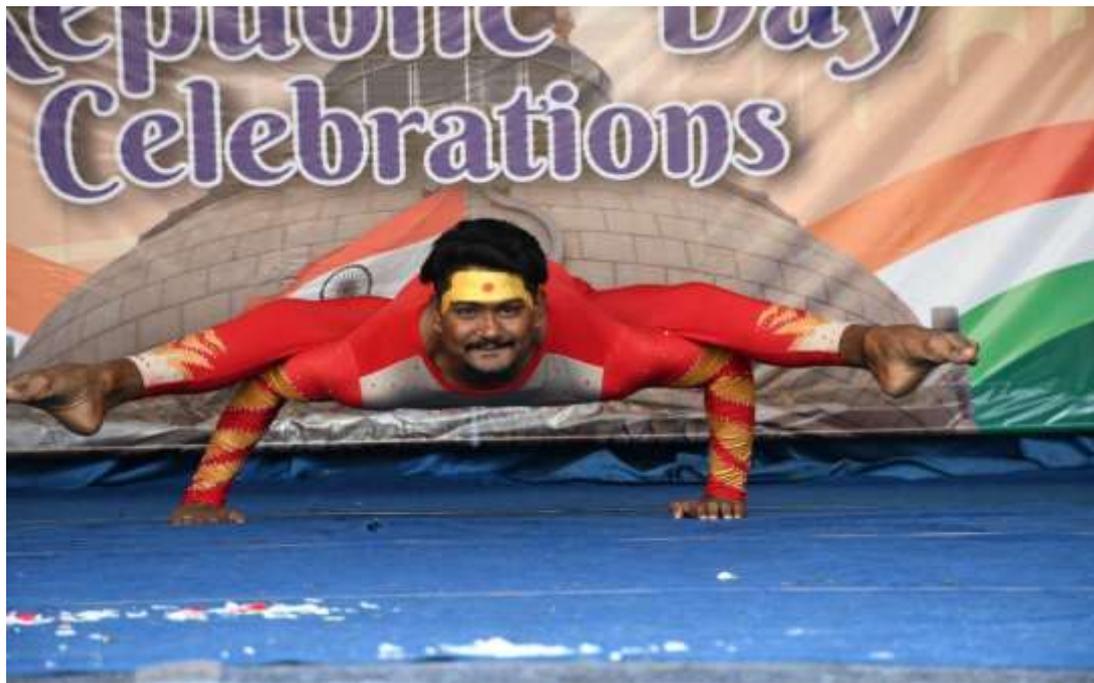
DEPARTMENT OF PHYSICAL EDUCATION

YOGA PERFORMANCE ON THE OCCASION OF 77TH REPUBLIC DAY CELEBRATIONS - 26.01.2026

The Department of Physical Education of KBN College on the occasion of 77th Republic Day Celebrations, Conducted Yoga Performance Programme at Kalanikethan, KBN College, Vijayawada on 26.1.2026 at 9.00 AM.

Sri D.Hema Chandra Rao Garu, Head, Department of Physical Education created awareness about various Yogic Aspects. Sri D.Hema Chandra Rao Garu, with his magical commentary on various yogic vinyasas Sri Gowrinath Garu Yoga Instructor and Diploma in Yoga for Human Excellence students performed various advanced Yogic Asanas in Rethamatic way and in various Pyramid styles with the magical commentary of Sri D.Hema Chandra Rao Garu. Dr.V.Narayana Rao, A.O., SKPVV Group of Institutions, Dr.G.Krishna Veni, Principal KBN College appreciated the Faculty and students who performed the Yoga Vinyasas.. Vice-Principals Sri P.L.Ramesh, Dr.M.Venkateswara Rao, Dr.K.Rama Krishna, Convenor NSS Units & Vice Principal also appreciated the faculty and students who initiated and involved in Yoga Vinyasas..





YOUTUBE LINK VINYASAS VIDEO : FROM 44 MINUTES TO 1.02 HOURS YOGA PROGRAMME

<https://www.youtube.com/live/vah9ASYCtso>